
















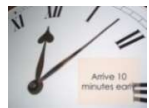









# **FASTING** Ultrasound Scan for NHGP

<input type="checkbox"/>	<b>PREPARATION INSTRUCTION for FASTING Ultrasound Scan</b> <b>(6-8 hours BEFORE appointment time)</b> 超声波检验准备指示 (需禁食) <b>(在预约时间前 6 至 8 小时)</b>	
<b>DO's / 可行</b>		<b>DON'Ts / 不可行</b>
	Please fast 6-8 hours before appointment time 在预约时间前 6 至 8 小时内禁止进食	 No FOOD 禁止进食
	Drink PLAIN WATER (ONLY) 只可喝白开水	 No DRINKS (Plain water is allowed) 禁止喝其他饮料除了白开水
		
	Take Medication (If any) 可服用处方药物 (若有) 	 Do not take DIABETES MEDICINE before your appointment (if any) 禁止服用糖尿病药物(若有)
	Arrive clinic 10 mins early 在预约时间的 10 分钟前抵达诊疗所 	 No SMOKING 禁止抽烟 
To re-schedule, please call: 6355 3000 若要更换预约时间, 请拨打: (NHGP Contact Centre)		

## **NON-FASTING** Ultrasound Scan for NHGP

<input type="checkbox"/>	<p><b>PREPARATION INSTRUCTION for NON-FASTING Ultrasound Scan</b>  <b>超声波检验准备指示 (无需禁食)</b></p>
<p><b>DO's / 可行</b></p>	
	<p><b>Eat and drink (as per normal)</b>          可进食和喝水 (无需禁食)</p>
	<p><b>Take Medication (If any)</b>          可服用处方药物 (若有)</p> 
	<p><b>Arrive clinic 10 mins early</b>          在预约时间的 10 分钟前抵达诊疗所</p> 
<p> <b>To re-schedule, please call: 6355 3000</b>  <b>若要更换预约时间, 请拨打: (NHGP Contact Centre)</b> </p>	

## PELVIS Ultrasound Scan for NHGP

<input type="checkbox"/>	<b>PREPARATION INSTRUCTION for PELVIS Ultrasound Scan</b> <b>(1 hour BEFORE appointment time)</b> 超声波检验准备指示 (膀胱需涨满) <b>(在预约时间前 1 小时)</b>	
<b>DO's / 可行</b>		<b>DON'Ts / 不可行</b>
    	<p> <b>Drink 2-3 bottles (total 1.0- 1.5 litre) of PLAIN WATER</b>          需喝 2-3 瓶 (总共 1-1.5 升) 白開水   </p> <p> <b>Arrive clinic 10 mins early</b>          在预约时间的 10 分钟前抵达诊疗所   </p> <p> <b>Eat and drink (as per normal)</b>          可进食和喝水 (无需禁食)       </p>	<p>  <b>Do not go to TOILET</b>          禁止上厕所   </p>
<p> <b>To re-schedule, please call: 6355 3000</b>  <b>若要更换预约时间, 请拨打: (NHGP Contact Centre)</b> </p>		